

Beverly Hills Dance & Fitness BLAST





Event Schedule

Sunday 4/3

















8:30 am	Attendee Check In & Booths Open Attendee Bags limited, pre-register to secure your spot
9:00 am	Dance & Fitness Blast Kick-Off Hosted by Sharon Tay, , Former TV News Anchor & Now Realtor for Berkshire Hathaway Home Services California Properties Featuring Leo Stallworth, ABC News National Anthem- Sung by Lyric Claudette Ontiveros
9:15 am	Warm-up Featuring Celebrity Trainer Dion Jackson, All Seasons Fitness Media & Beverly Hills Historical Society's Phil Savenick
9:30 am	Dance & Fitness Blast Welcome By Mayor Bob Wunderlich
9:45 am	Kickboxing Cardio & More Featuring All Seasons Fitness Media Troy Titus-Barrow
10:00 am	Zumba Party Abraham Hernandez & Krista Jacobs, Zumba Master Trainers
10:15 am	Dance Jam- Demo & Kick Off Featuring We Break Dance & Hip Hop Crew led by Francisco Andres
10:30 am	Dance Jam- Everybody "Line" Dance Now! Featuring DJ Keybo with Abie Fayad & Nicole Padilla
11:00 am	Cardio Latin Dance meets Celtic Irish Dance With Equinox's Nicole Steen & Maeve Croke
11:30 am	Latin Sizzle Featuring Cynthia Harper from Roxbury Community Center
11:45 am	Yoga Stretch and Harmony Fitness (Yoga, Pilates & Tai Chi) With Waldorf Astoria's Jai Jordan & Grandmaster Ladan
NOON	Dance & Fitness Blast Giveaways & Thanks for Joining Us Shop or Catch a Bite to Eat at the Farmer's Market (open until 1pm)















