

The Beverly Hills Human Relations Commission invites you to take part in



kindness week

HRC Social Media Challenges and Event

February 14 - 19, 2021

Sunday, FEB 14 | Kindness Window Decoration Challenge

Decorate your windows with a message of kindness. Take a picture and share it with us.

Monday, FEB 15 | Kindness Tag Challenge!

Create a kindness video to thank or recognize someone special and Tag them. Challenge them to do the same!

Tuesday, FEB 16 | Kindness Rocks Challenge!

Create a Kindness Rock and add it to our Kindness Rock Garden @ Roxbury Park. Take a picture with your rock or at the rock garden and share it with us using hashtag #KindnessRocks

Tuesday, FEB 16 | 6:00PM

Virtual Author Discussion with Leon Logothetis, best-selling author and TV host. To register visit: www.beverlyhills.org/BeKind

Wednesday, FEB 17 | Kindness Card or Letter Challenge

Reconnect with someone by sending a card or letter

Thursday, FEB 18 | Kindness Chalk the Walk Challenge

Share a beautiful chalk drawing on the sidewalk outside your residence to show what kindness means to you!

Friday, FEB 19 | Be Kind to the Environment Challenge

Do something kind for the environment! Share a picture or your words and tag us @CommunityLifeBH

**Share your Kindness Challenges on your own social media and
tag us @CommunityLifeBH, and use hashtag
#BHKindnessWeek #KindnessWeek #Kindness**