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## **Beverly Hills Announces Last Two Healthy Lunch & Learn Events** ***Final Workshops Spotlight a Healthy Mind and Local Business Community Theme***

The City of Beverly Hills will conclude its popular *Healthy City Lunch & Learn* series with two final events. Residents, businesses, and community members are invited to attend free workshops offered on Wednesday, February 18, in the Library Auditorium, and Wednesday, March 18, in the Municipal Gallery at City Hall. Both events will be hosted from 11:45 a.m. – 1 p.m.

A “Healthy Mind” theme will be featured on February 18<sup>th</sup> with speakers from the Beverly Hills Public Library and Human Services Division. Interactive tools, online resources as well as education and art programs offered by the City will be highlighted. The workshop will meet in the auditorium on the second floor of the Beverly Hills Public Library, located at 444 N. Rexford Drive.

Guest speakers for the March 18<sup>th</sup> “Healthy Business Community” workshop will include Alex Stettinski, Executive Director at the Beverly Hills Chamber of Commerce, and Julie Wagner, Chief Executive Officer at the Beverly Hills Conference & Visitors Bureau. The workshop will be hosted in the Municipal Gallery at City Hall, located at 455 Rexford Drive.

The Beverly Hills Healthy Lunch & Learn series is a program offered by the Community Services Department in partnership with the community-wide #BHHealthyCity living awareness campaign, initiated by Mayor Lili Bosse. Since June 2014, the City has partnered with various local businesses to spotlight a different health-related topic affecting the community. Past workshops have featured experts in the fields of heart disease, fitness, stress, finances, and emergency preparedness.

A light lunch will be provided to all event participants. Free two-hour parking is available in the Civic Center parking lot, located at 450 Rexford Drive.

To learn more about the City of Beverly Hills’ Healthy Lunch & Learn series, call (310) 285-2537.

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